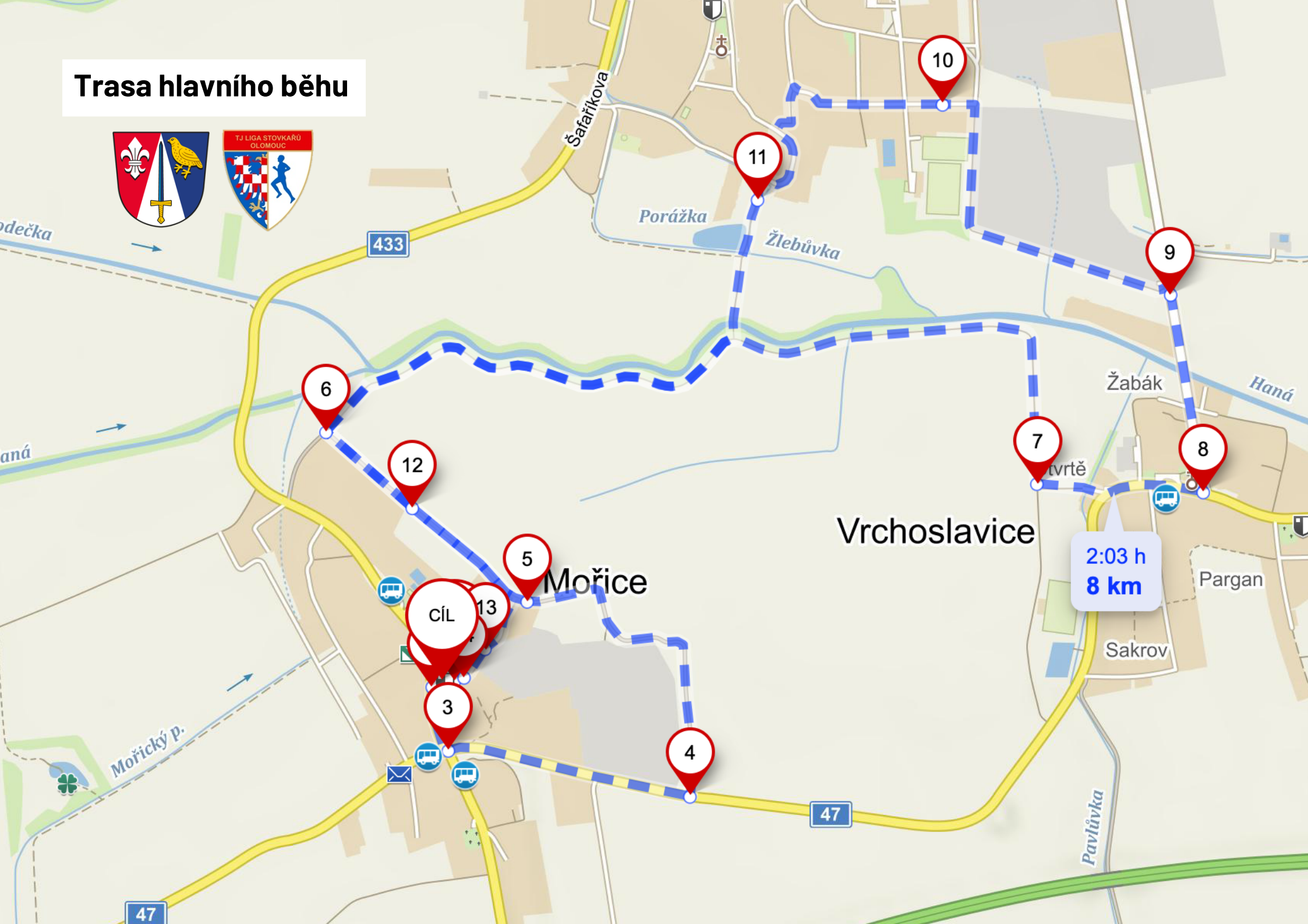Trasa hlavního běhu